

# **MUTUAL SIX**

## **BOARD OF DIRECTORS MONTHLY REPORTS FOR**

**December 2020**

**(See information attached.)**

# M6 Board Status Report

## Presidents Report - Pennie

- Read Shareholder End of the year - Thank You Letter
- AB3182 – If you are interested in renting your unit. Please send the email rental request to [m6hotline@yahoo.com](mailto:m6hotline@yahoo.com)
- Another ratification to the Mutual 6 Rules & Regulation will be required in 2021 to incorporate shareholder feedback, unincorporated changes by the attorney and new AB3182 requirements

Secretary Report - No updates

## CFO - Evelyn

- Christmas Cards – Holiday card drive ends on 12/21/2020. If you have an extra card, reach out to a senior who is completely locked down at the Seal Beach Health and Rehabilitation Center.
- Budget Status – verbal update on mutual budget versus actuals
- Fire/Repipe Inspection – verbal update on the activities/timeframe

## Director:

### Landscaping – no updates

### Physical Properties

Video scoping of mutual sewer pipes will continue through December and be completed by year-end. Analysis and evaluation of sewer pipe conditions will begin in the first quarter of 2021.

Sidewalk repair and replacement work in and around buildings 58 and 59 as well as buildings 141 and 142 began on December 7th. Catch basin and drainage line work near building 2 also began on December 7th. Work will be completed by year end.

Replacement of aging water heaters in all mutual laundry rooms has been completed.

\*Please note that prior to replacement several laundry rooms contained two (2) water heaters - one that was operative and one that was inoperative and no longer in use. Some laundry

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rooms contained both a poorly performing water heater and an inoperative water heater. In those cases, both old water heaters were removed and replaced with one (1) new water heater.

### **Emergency Committee:**

**For many of us, COVID-19 has disrupted our routines. Red Cross offers suggestions to cope with these difficult times.**

These changes, on top of the general uncertainty around this pandemic, can create feelings of stress, fear and nervousness. These feelings are normal, and people typically bounce back after difficult times.

### **It's normal for people to have these types of feelings right now:**

- Fear about running out of essential supplies.
- Anxiety, particularly about being separated from loved ones.
- Uncertainty about how long you will need to shelter at home.
- Fear of getting sick.
- Boredom or isolation.
- Thoughts of blame worry or fear.
- Worry about loss of income.
- Fear of being stigmatized or labeled if you become sick.

### **Coping Tips:**

People's reactions appear in different ways, not only in the way someone feels, but in the way they think and what they think about — their sleeping habits, how they go about daily living and the way they interact and get along with others. Here are a few steps to help people cope:

- Connect with loved ones through video calls, phone calls, texts or social media.
- Stay informed with accurate, reliable information from trusted sources. Avoid social media accounts and news outlets that promote fear or rumors.
- Take care of yourself, rest, nutrition and exercise. *A clean mask can keep you safe and well. Change your mask daily. Please contact Lynn for a backup mask. 562-296-5342.*

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- Unless you are showing signs of illness or have tested positive for COVID-19, going outside to exercise and walk pets is okay. But do not forget to practice social distancing by keeping at least 6 feet away from others and wearing a face covering.
- **Please be responsible if you test positive for the virus or have been exposed!**

Be patient with yourself and others. It's common to have any number of temporary stress reactions, such as fear, anger, frustration and anxiety. Hold an image in your mind of the best possible outcome. Make a list of your personal strengths and use these to help both yourself and others stay emotionally strong.

- Relax your body often by doing things that work for you - take deep breaths, stretch or meditate, or engage in activities you enjoy.
- If you are religious or spiritual, follow practices at home that provide you with comfort and emotional strength.

### **Helping Others:**

- Reach out to others. For example, offer to pick up groceries, medications and other essential supplies. Check in with them regularly but practice social distancing by keeping at least six feet away when you deliver essential items and wearing a face covering.
- Take care of your pets, which can be an essential part of your support system. Like people, pets react to changes in their environment and routine, so their behaviors may change, as well. Keep track of their well-being and take care of their needs as best you can.
- Show kindness to people who may not have a support system or are isolated. There may be limits to what you can do in reaching out, but a little kindness may be just what someone needs.